

A TCM Perspective on Female Cancers

An increasing number of women are suffering from breast, cervical or other female cancers. The understanding of cancer from the TCM perspective can help them better manage their conditions.

TCM can play a complementary role to conventional cancer treatments such as surgery, chemotherapy and radiation. Before any such treatment, a patient can get the body into tip-top condition by using TCM to enhance blood circulation, body resistance and vital energy. As for post-treatment rehabilitation, TCM speeds up wound recovery; increases body fluidity; boosts immune system and improves stomach – spleen functionalities.

The Main Causes Of Cancer

According to TCM, the 3 main causes of cancer are the stagnation of qi and blood, the retention of phlegm and dampness and the accumulation of toxins that can cause cancerous changes.

Types of Treatment

Over the years, Chinese medicine and acupuncture have grown in popularity. Herbs are often used to tonification of liver & kidneys, soothe the liver, detoxify & improve fluidity, activate blood circulation, tonification of vital energy & blood and clear phlegm.

Acupuncture is a technique where fine needles are inserted into human acupoints which can alleviate pain, improve energy, reduce nausea, vomiting and chemotherapy related hot flashes. It also boosts the immune system and helps in the post-surgery recovery.



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