

Speedy Recovery of Mr Gan

If you were to meet Mr Gan HC today, you will not believe that both of his legs had been broken in a very serious accident while driving along Tuas. In fact, this vehicle was so badly damaged that he was trapped in his vehicle seat and had to be extricated by the Singapore Civil Defence Force.

Mr Gan has gone through five operations on his legs at a restructured hospital and was admitted to West Point Hospital for rehabilitation. There, he received regular physiotherapy sessions and was introduced to TCM Acupuncture to aid his healing and speeding up his recovery. However, as Mr Gan's legs were still very weak, he had to use a wheelchair most of the time and could only walk for a very short distance, even with the help of a walking frame.

Mdm Ong Chwee Ting, our TCM Chinese Physician from ECON Chinese Medicine, then designed a treatment plan for Mr Gan which included acupuncture for the back, around waistline, legs and feet for three times a week.

After Mr Gan was discharged from West Point Hospital, Mdm Ong continued to treat Mr Gan at his home where she

coupled acupuncture with moxibustion, a very effective method of improving blood circulation. A month later, Mr Gan was able to get out of bed easily and move freely without pain, as well as walk much longer distances than before.

For half a year, Mr Gan took public transport from his home to the ECON Chinese Medicine clinic located in the West Point Hospital for his regular treatments. Acupuncture and Tui Na sessions were then reduced to twice per week.

Mr Gan recovered well enough to report back to work as a Transport Operations Supervisor after 3 months, at the same company he has worked at for over 10 years. He is grateful to his employers for concern and support throughout his ordeal.

Recalling his road to recovery, Mr Gan said that he appreciates Mdm Ong very much for her patience, caring attitude, dedication to her work, listening ear as well as Mdm Ong continuously seeking feedback from Mr Gan to find ways to assist him to recover faster.



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