

Walking Towards a Full Recovery

Having suffered a fall, Mdm Chew Siew Hong underwent surgery at the National University Hospital. Due to her injuries, Mdm Chew could not walk. She was bed-ridden with fractures in her left femur. She also could not start physiotherapy. As there was no one at home to take care of her, her family entrusted her to our care at Sunnyville Home (Ama Keng).

There, Mdm Chew was assessed by Mdm Ong Chwee Ting, our TCM Physician of ECON Chinese Medicine. Noting on Mdm Chew's conditions, Mdm Ong recommended acupuncture to boost blood circulation and strengthen the injured leg. Mdm Chew agreed to the treatment.

With acupuncture treatments, Mdm Chew's conditions steadily improved. After her third acupuncture session, Mdm Chew found that she could stand up unassisted. Also, the swelling in her left leg had noticeably reduced. She also felt strength returning to her recovering leg, and she could up firmly and steadily.

On the 9th visit, Mdm Chew complained of blurring vision due to cataract. Mdm Ong expanded the treatment to include the acupoints around the eyes. Mdm Chew's vision has since improved. After 11 sessions of acupuncture, Mdm Chew returned to the hospital for a review. The consulting doctor was well satisfied with Mdm Chew's progress and recommended starting physiotherapy.

Mdm Chew continued with the acupunctured sessions during the physiotherapy treatments period. The combination of both therapies proved effective and useful. Today, Mdm Chew has regained a fair amount of mobility and is now back home with her family.

“After her 3rd acupuncture session, Mdm Chew found that she could stand up unassisted.”



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